

General Practice Paediatric Resources

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This document is intended as a useful aid to support learning. The topics within the directory are in alphabetical order for ease of navigation. You will find the ICGP curriculum code displayed for your convenience. Please follow the link below to access a video, which demonstrates how to map this resource to the ICGP Curriculum.

<https://www.youtube.com/watch?app=desktop&v=Wl4Vsa2gCWU&feature=youtu.be>

If you encounter difficulties accessing any of the links provided or wish to suggest or share additional resources please contact the following email:
Curriculum@icgp.ie

Curriculum Topic	CODE	Source And Content	Weblink
Abdominal Masses	CHLSP14A	Organomegaly, Wilms tumour	https://www.gkcct.org/gp-education
Acute Abdomen	CHLSP23.17A	Best Practise BMJ	Over View of Acute Abdomen- Differential by Age
	CHLSP67A	Red Flags Acute Abdomen	BMJ urgent considerations Abdominal pain
Acute Respiratory Distress	CHLSP11A		https://spottingthesickchild.com/
Acute Viral Illness 	CHLSP23.7A	Links to common Viral Presentations	HSE Hand Foot & Mouth
			HPSC Measles
			5th Disease Slapped Cheek
			NHS Roseola
	CHLSP70A	Links to "Fever Resources"	NHS Scot Chickenpox
			NICE Guide Fever in the Under 5
			HSE Fever
			NICE Traffic Light System
Acne	ADLSP12A	ICGP	ICGP ACNE guidelines
Adenopathy		RACGP	RACGP - Paediatric neck lumps
Adenoid Hypertrophy	CHLSP24A	ENT UK	Adenoid-surgery
	CHLSP71A		
ADHD	CHLSP41A	HSE "The hyperactive Child"	the hyperactive child
		Irish Charity GOSH	ADHD Ireland
			GOSH ADHD
Allergy	CHLSP72A CHLSP38A	ICGP	ICGP Food Allergy Algorithms
		Irish Food Allergy Network	ifan.ie
		ICGP Quick Ref guide	ICGP Quick ref guide
		Cows Milk Protein Allergy	iMAP guidelines
		iMap Guidelines	
		Allergy and Asthma	Allergy
		HSE guidelines	Allergic Rhinitis
Anaemia in Childhood	CHLSP39A	NCBI Anaemia general article	Anaemia
Anorexia Nervosa		Childrens Health Ireland	Anorexia leaflet
		Marzipan Guidelines - Eating Disorder	Eating disorder guidelines in those under 18
Anxiety	CHLSP56A	Resources to support childhood anxiety	www.happymaps.co.uk
		Resources for young people	Rcpsych Anxiety and Worries
		Resources for parents	Rcpsych Parent and Carer resources
Asthma	CHLSP40A	Combined Adult and Child guidelines	ICGP Asthma Quick Reference Guide
		HSE Asthma	Asthma
		GINA guidelines	British Thoracic Organisation Asthma
		BST	
		Asthma Action Plans	Asthma Org UK Asthma Action Plan
		Inhaler Technique Videos	Asthma Ire: Inhaler Technique
Autism	CHLSP42A	Recognition and Referrals	NCBI Autism
		Autistic Spectrum Disorder	Geeky Medics overview

B	Babies and Toddlers		Parental education and advice HSE	Babies and Toddlers
	Balanitis	CHLSP25A	Dermnet NZ	Dermnet Balanitis
		CHLSP43A		
	Behavioural Problems	CHLSP44A	RCH Penile and foreskin Hygiene	Penile and foreskin hygiene PIL
		CHLHA7A	NHS Article	Behavioural-problems-in-children
	Birthmarks	CHLSP23.1A		Article Mongolian Blue Spot
				GOSH Haemangioma
	Bites		Children's Health Ireland Guidelines	Bite Injuries
	Bronchiolitis	CHLSP23.8A	HSE Guidelines	Acute bronchiolitis
			Nice	NICE Bronchiolitis
	Brain tumours		Charity- patient and clinician resources	Brain tumour information

C	Cardiac Murmurs	CHLSP9A	AAFO- when to refer	Cardiac Murmur
			VSD RCH Melbourne	RCH VSD
	Cerebral Palsy	CHLSP45A	Sydney Children's Hospital	Cerebral-palsy
	Cervical Adenopathy		Children's Health Ireland	Cervical Adenopathy
	Chest Pain		RCH Melbourne	Chest Pain
	Chronic Fatigue		Royal College of Psychiatrists Parent Info booklet	Chronic Fatigue
	Coeliac Disease	CHLSP46A	Coeliac Society of Ireland- parents guide	Coeliac Parents Guide
	Colic	CHLSP48A	RCH Melbourne	Rch Colic
	Concussion		Children's Health Ireland	Clinical Guidelines concussion
	Congenital Dislocation of the hip	CHLSP74A	NHS	Developmental Dysplasia of the hip
	Congestive Cardiac Failure	CHLSP10A	PubMed - Article on heart Failure	Heart Failure link
	Constipation	CHLSP47A	HSE Guide	Constipation
			CHI Guide	Constipation
	Convulsions		RCH Melbourne	Fact Info Seizure how to help and Safety Info
	Croup	CHLSP23.9A	Children's Health Ireland Guidelines	Croup
	Cyanotic Congenital Heart Disease		Overview	RCH Heart problems in children
	Cystic Fibrosis	CHLSP49A	CF Charity Ireland	https://www.cfireland.ie/

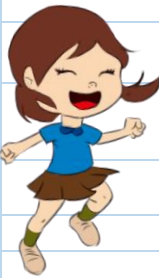
D	Disimpaction regimen		Supporting parents in disimpaction.	A Parents guide to disimpaction
	Diabetes	CHLSP50A	BSPED	Endocrine Guideline BSPED
	Diarrhoea	CHLSP23.11A	Chronic	NHS Lactose Intolerance
		CHLSP51A	Acute	Assessing dehydration and shock
	Down Syndrome		Children's Health Ireland	Down syndrome Resp Problems
	Dehydration	CHLSP23.10A	RCH Melbourne	Dehydration
	Developmental	CHLSP20A	Comprehensive booklet for parents	My Baby 0-2 years
		CHLSP76A		
		CHLPM3A	Comprehensive booklet for parents	My Child 2-5 years
			Book Mary Sheridan	Children's Developmental Progress
	Developmental Delay	CHLSP22A	Red Flags Summary at a Glance	Developmental Red Flags
	Developmental Milestones		CDC Milestones by Age	https://www.cdc.gov/ncbddd/actearly/milestones/index.html

E	Eating Disorders	ADLPC1A	Junior Marzipan Guidelines	2019 GP Eating Disorder Guidelines
	Eczema	CHLSP63A	HSE Guidelines	Eczema
			Topical Steroids BAD British Ass Derm PIL	BAD what are topical corticosteroids?
			Steroid potency ladder	Steroid potency Ladder
	Enuresis	CHLSP52A	NICE Guidelines	Enuresis
			Myths and Facts	Ncbi Myths and Facts Article
	Encopresis	CHLSP52A	Tx and Management of Enuresis	Ncbi Article on Tx and Mgt
			Mayo Clinic	Encopresis
	Epilepsy	CHLSP53A	RCH Resources via additional links	About Epilepsy
			Epilepsy Society UK	Summary of Epilepsy Syndromes
	Epiglottitis (Acute)	CHLSP23.19A	ENTSHO website	Epiglottitis-supraglottitis/
		CHLSP68A		
	Examination skills	CHLSP1A	Recognise acute severe illness	Spotting the sick child Program
		CHLSP4A	Perform and interpret BP measurements	Dont forget the Bubbles Cardiovascular Exam
		CHLSP7A	Perform palpation of pulses and apical beat	
		CHLSP8A	Perform Auscultation of heart sounds, including added sounds	
		CHLSP12A	Perform Auscultation of normal and adventitious chest sounds.	Geeky Medics Respiratory Examination online support
		CHLSP13A	Recognise and assess significant collapse, consolidation, pleural effusion , pneumothorax	Dont forget the Bubbles Resp Exam
			Red reflex Examination	Article on examining the Red Reflex
			Paediatric examination Geeky Medics	Links to online resources for clincial examination in Paediatrics
			Eye examination Podcast Canada!	PodCast Ophthalmology



F	Failure to thrive	CHLPM3A	CHI Under 2 years of age	Failure to Thrive
	Foreign Body		Children's Health Ireland	CHI Foreign Body
	Febrile Convulsions		RCH Melbourne	Febrile seizure
	Fit faints and funny turns		Fits faints and funny turns	Fits,faints and funny turns
			Syncope	IAEM Syncope

G	Gait	CHLSP18A	BMJ Best Practice Article	Review of Gait
		CHLSP27A		
	Growth	CHLSP19A	BMI- Nutritional Status	Obesity
			Centile charts and plotting growth	Rcpch Growth Charts
			HSE Land Module	Centile Charts and Plotting growth
		CHLPM3A	Failure to thrive CHI Guide	Faltering Growth Infants and Children under-2-years
			Short Stature HSE	Short Stature
	Gastroenteritis		HSE Guidelines	Acute Gastroenteritis HSE
			WHO guide	Diarrhoea Fact Sheet
	Gastro-oesophageal Reflux Disease	CHLSP23.6A	CHI GORD Guide	GORD
			RCH	RCH Reducing medications in Infants
	Glue Ear		ENT UK	Glue Ear
			ENT UK	Grommets

H	Haemangioma		Also see Birthmarks	Article Haemangioma
			GOSH Haemangioma	Haemangiomas Great Ormond Street
	Haematuria		Children's Health Ireland	Haematuria
	Headaches		HSE guide	Headaches
	Head Injury		Mild to Moderate	CHI mild to moderate head Injury
			Minimal	Minimal Head injury with advice
	Hernia	CHLSP16A	BMJ British Association of Paediatric Surgeons	Article on Paediatric Hernias and red flags
	Hirschsprungs Disease	CHLSP28A	UK based info	PatientInfo UK Hirschsprungs-disease
	Hospital visits		Hetty's Hospital- suitable for ages 4-8 to reduce anxiety related to hospital visits, admissions, operations.	Link to free App on reducing anxiety for children attending hospital
	HSP		Recognition and management in primary care	HSP
			CHI Guide	
	Hydrocele	CHLSP16A	British Association of Paediatric Surgeons	Hydrocele repair PIL

I	Immunization schedule		HSE	Immunisation Schedule
			European centre for disease prevention and control	Vaccination booklet
	Impetigo	CHLSP61A	CHI Skin and soft tissue infections	Skin-Soft-Tissue-Infections
		CHLSP73A		
	Incontinence	CHLSP52A	Urinary and Foecal symptoms	www.eric.org.uk
	Infant feeding problems	CHLSP23.6A	Colic	Infant feeding UK
			Reflux	
			What is the normal amount	Infant feeding Guide
			Food Safety Authority Ireland	
	Inflammatory Bowel Disease		Review article	Inflammatory Bowel Disease
	Inhaler Technique	CHLSP6A	Irish Asthma Association of Ireland	Inhaler-technique-videos
	Intussusception	CHLSP31A	Children's Health Ireland	Intussusception
	Irritable Child	CHLSP23.12A	Royal Children's Hospital Melbourne	RCH The Crying distressed Baby

J	Jaundice in the newborn	CHLSP23.3A	Jaundice in the Neonate Article	Neonatal Jaundice summary Article NCBI
	Jaundice	CHLSP23.3A	Breast Milk Jaundice Article	https://www.ncbi.nlm.nih.gov/books/NBK537334/

K	Kawasaki		NCBI Review Article	Kawasaki
	Knees	ADLSP13A	Genu Varum/ Genu Valgum HSE Guidelines	Bow leg & Knocked Knee
			Osgood Schlatter Paediatric Orthopaedic Society of N America	N. America Osgood-Schlatter-s

L	Laryngomalacia		CHI guide	Laryngomalacia
	Learning Difficulties	CHLSP55A	BMJ	Visual Problems often associated with disability
	Limp	CHLSP27A	HSE guide	The limping child
			NCBI	Article Limp in Childhood

M	Meningitis/Meningococcal Septicaemia	CHLSP32A	Excellent visuals & learning resources	Meningitis.org UK GP Booklet
	Menorrhagia	ADLSP15A	CHI guide	Menorrhagia
	Mental Health		Multiple resources for young people	https://spunout.ie/category/mental-health
			Family Resource Centre per Region	Tusla link to local Family Resource Centres
			Covid related for young people HSE	HSE Wellbeing during Covid for young people
			HSE	Depression and Anxiety in children and Young people
	Mumps		Uk based resources	https://youngminds.org.uk
	Murmur		HSE Guide	Heart Murmur
	Musculoskeletal	CHLSP54A	General Resources info	https://orthokids.org/
			Scoliosis	https://www.ncbi.nlm.nih.gov/books/NBK519498/
			Congenital dislocation of the hip	NCBI Congenital dislocation of the Hips
			Gait: The Limping Child	https://bestpractice.bmj.com/topics/en-gb/709
			General ortho site for learning	www.Orthobullets.com

N	New born Neonatal Examination	CHLAS1A	Prof John Murphy's book	New Born Examination
	Neonatal Skin Conditions		Derm Net	Neonatal Skin Conditions
			Neonatal blisters and Pustules	blisters and pustules in neonates
	Neurology exam	CHLSP18A	Online resources to support neurology exam	Geeky Medics OSCE resources to aid examination
			NCBI Article	NCBI Neuro Examination
	Nocturnal Enuresis	CHLSP52A	HSE Guide	Nocturnal enuresis
	NAI	CHLSP34A	HSE Guide	HSE Land Safe Guarding Module
	Non Accidental Injury	CHLCA8A		



O	Obesity	CHLPM3A		see growth
	Obstructive Sleep Apnoea		Children's Health Ireland	Obstructive Sleep Apnoea OSA
	Ophthalmology		Article for Paediatric Presentations Summary	Article with pictorial examples of eye presentations in children
	Oral Rehydration		ORS	What is ORS therapy?
	Orthopaedic Presentations		General resources on all conditions	https://orthokids.org/
	Oncology		Clinician education Resources and booklets for parents on a range of childhood cancers.	Childhood Cancer
	Otitis media	CHLSP23.14A	HSE Guidelines	Acute Otitis Media
			Otitis Externa	Article with Diff Dx

P	Pain Management		Pain management with Appendix 1: Dosage guide of common ED analgesia.	Irish Association of EM Pain Management
	Parent resources			www.whenshouldiworry.com
	Parenting tips		Australian website with advice for all stages of parenting	https://raisingchildren.net.au/
	Perthes Disease		Paediatric Orthopaedic Society of N. America	Ortho kids Perthes
	Pneumonia	CHLSP35A	HSE	Pneumonia
			Children's Health Ireland	Pneumonia
			UK Resource	Lower Resp tract infection Summary NHS
			Atypical	Atypical Pneumonia
	Psoriasis	CHLSP64A	Derm Net	Paediatric-psoriasis
	Psychiatric Problems of childhood	CHLSP56A	Depression in Children 2020 See Mental health section above	https://www.ncbi.nlm.nih.gov/books/NBK534797/
	Puberty	CHLSP21A	Staging	Tanner Staging at end of Article
		ADLSP6A		
		ADLSP7A	When to worry- recognising abnormal puberty What is Adrenarche	NCBI Article on Puberty Adrenarche Uk resource
	Pyloric Stenosis	CHLSP36A	RCH Melbourne & Patient Info leaflet	Pyloric Stenosis
	Pyrexia	CHLSP23.15A	HSE	Pyrexia

R	Rashes in Children	CHLSP62A	Rashes of Common Infectious Diseases Measles, Rubella, Chickenpox, Scarlet fever	RCH common Rashes and Pictures
	Recurrent Abdominal Pain	CHLSP57A	British Medical Journal	BMJ summary
	Red Flags		Summary from the Australian Gov	Developmental Redflags
	Reflux	CHLSP58A	See GORD	see GORD

S	Safeguarding	CHLPM4A CHLPM5A CHLCA8A	Abuse, neglect , NAI	HSE Land Safe Guarding Module
	School		Guidelines to return to school after illness.	Returning to School post infectious illness
	Scoliosis	CHLSP75A		Infographic
	Seb Dermatitis	CHLSP73A	Derm NET	Scoliosis OrthoKids
	Severe illness			Seborrheic-dermatitis
	Septicaemia	CHLSP37A	Hospital based tool, but summary of the sick child and vitals given	Sepsis Trust
	Sick child, sepsis	CHLSP38A CHLSP37A CHLSP23.19A CHLSP11A CHLSP1A	8 hours of videos and learning resources with CPD certs provided.	www.spottingthesickchild.com
	SIDS	CHLCA8A	HSE NCBI Article	HSE Cot Death SIDS NCBI Article
	Slipped Upper Femoral Epiphysis		SUFE- Paediatric Orthopaedic Society of N. America	Ortho kids SUFE
	Sore Throat	CHLSP23.16A	NCBI Article Fever Pain Tool	SUFE NHS pharyngitis NICE Sore Throat Infographic
	Syncope		Children's Health Ireland	Syncope

T	Talipes		Paediatric Orthopaedic Society of N. America	https://orthokids.org/Condition/Clubfoot
			NCBI Article	NCBI Clubfoot
	Testicular Torsion	CHLSP15A	BMJ Best Practice	Best Practise Article BMJ
	Threadworms		RCH Melbourne & Patient Info leaflet	RCH Threadworms
			HSE link	https://www2.hse.ie/conditions/threadworms.html
	Thyroid	CHLSP60A	hypothyroidism	https://www.ncbi.nlm.nih.gov/books/NBK519536/ Derm Net NZ tinea-capitis Derm NET

U	Undescended Testis	CHLSP16A	GOSH	Undescended Testis
	Urinary Tract infection	CHLSP23.6A CHLSP68A	HSE guidelines	UTI treatment Algorithm
			NICE UTI Imaging guide	NICE 2018 UTI Imaging Guide
	Urticaria	CHLSP65A		dermnetnz Urticaria

V	Vaccine Hesitancy and general Information		Resources	NCBI article on Vaccine Hesitancy
				RACGP Vaccine info
	Visual Presentations (Also see Ophthalmology)		HSE Resource	CDC Resources
	Vitals		Visual Chart for quick glance	Strabismus Squint Paeds Vitals Chart for reference
	Vulvovaginitis	CHLSP15A	CHI guideline	Vulvovaginitis

Extra	General presentations of Paediatrics in General Practice. Including sites to support planning tutorials , signposting		Sites that cover multiple topics.	GP Paeds Tips Paeds Pearls Dont forget the Bubbles Geeky Medics
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